

Supplement Facts

Serving Size: 2 Tablets

Servings per container: 137

Amount Per Serving	% Daily Value	
Vitamin B ₁ (Thiamine Mononitrate)	25 mg	1667%
Vitamin B ₂ (Riboflavin)	25 mg	1470%
Niacin (Niacinamide)	25 mg	125%
Vitamin B ₆ (Pyridoxine HCl)	25 mg	1250%
Calcium (Oyster Shell)	250 mg	25%
Magnesium (Oxide)	60 mg	15%
L-Glutamine	100 mg	†
Glutamic Acid	100 mg	†
Inositol	25 mg	†
Casein (Pancreatic Digest)	50 mg	†
PABA (Para-Aminobenzoic Acid)	25 mg	†
Valerian (Root) Extract	15 mg	†
Black Cohosh (Root)	15 mg	†

† Daily Value Not Established

Other Ingredients: Food Glaze, Cellulose, Povidone, Magnesium Stearate, Silicon Dioxide, Croscarmellose Sodium.

Contains Milk.

Product #0011